

**AN INTRO TO, AND FROM, DR. ANDERSON'S CV
IN THIS WEBSITE**

All of the above papers were rejected for publication by anonymous journal reviewers, and chief editors who, without question, accepted the results.

A REMARKABLE EXAMPLE OF THE TOTAL AND EVERLASTING REJECTION OF THE DEVELOPMENT OF REAL SCIENTIFIC, BASIC AND APPLIED CLINICAL THEORIES BY THE PSYCHOANALYTIC AND PSYCHOTHERAPEUTIC PROFESSIONS

AND

THE NEED OF A RESEARCH THAT ANSWERS,

“WHY”?

***Dr. A, as far as he can think, with no supply of hard data from those professions, considers the possibility of a buried (unconscious) developmentally-created fear of major proportions. And having real-scientific theories applied in Self Analyses, would take essentially-limited post-training states to absolute symptom roots. That was certainly his experience.**

**** As the MF method took him (1980-1990) to the depths of certain common symptoms (e.g. Phobia OCD), with roots in later childhood, his self analysis approached terrifying depths of Catatonic-Schizophrenia-like material that led to an immediate halt of the research. It did not, then, return for several years when remarkably-systematic research successes emerged in detail to be described in the last of four books to become available in e-book form and listed in this site's BOOK Section**

**NB: See two examples of astounding, grossly-symptomatic, so-called “Reviews” in the site's PEER REVIEW section
January 29, 2018**

CURRICULUM VITAE

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PROFESSIONS

Medicine, Psychiatry, Psychoanalysis

PLACE OF BIRTH

Toronto, Ontario, Canada

DATE OF BIRTH

November 22, 1932

EDUCATION & SCHOLARSHIPS

Bloor Collegiate Institute, Toronto, 1947-1952.
Highest school honours
Ontario Scholar.

Ontario Scholarship, University of Toronto, Arts and Sciences - declined in favour of
Medicine

University of Toronto

Premedical Course, Faculty of Medicine, 1952-1954. Entrance scholarship award,
Medical Alumni Association.

Medicine, 1954-1958, Elected to Alpha Omega Alpha, (AΩA), Honor Medical Society
1957-2021, and Initial intro to hands-on real scientific research, 1957

Four months Externship, Stamford, Conn. U.S.A.

Toronto General Hospital, Rotating Internship

Internal Medicine, Sunnybrook Hospital, 1959-1960

Psychiatry, 1961-1964

Royal College of Physicians and Surgeons, Specialist Certification Program in
Psychiatry, 1961-1964; FRCP, 2000

Toronto Psychoanalytic Institute 1968-1974, Training Analysis

DEGREES & QUALIFICATIONS

M.D. University of Toronto, 1958

D.Psych., University of Toronto, 1964

C.R.C.P.C, Psychiatry, Royal College of Physicians of Canada, 1964

F.R.C.P.(C), Psychiatry, Royal College of Physicians of Canada, 2000

Elected to Membership, Canadian Psychoanalytic Society; Toronto Psychoanalytic Society; International Psychoanalytic Association, 1974

HONOURS

AOA, '57

Miguel Prados National Essay Prize, Canadian Psychoanalytic Society, 1979

MEMBERSHIPS

Canadian Medical Association

Ontario Medical Association

Canadian Psychiatric Association

Ontario Psychiatric Association

Canadian Psychoanalytic Society - 1974-1999

Toronto Psychoanalytic Society - 1974-1999.

International Psychoanalytic Association 1974-1999.

Society for Psychotherapy Research – to 2000

International Federation for Psychoanalytic Education

POSITIONS HELD

Physician, Ontario Hospital Toronto, 1959-1960.

Psychiatrist, Department of Psychiatry, University of Toronto, Ontario Hospital Toronto Out-patient Department, 1964-1969.

Psychiatrist, Psychotherapist, Department of Psychiatry, University of Toronto, Sunnybrook General Hospital, Toronto, 1968-1983. Responsible for initiating and developing programs for the teaching and practice of psychotherapy.

Psychiatrist, Private Practice, 1965-1983.

Psychoanalyst, Private Practice, 1974 - May 31, 2017 Retired from Clinical Practice but not Research

Research, Development of a real scientific theory of the Psychoanalytic and Analytic Psychotherapies, the Metapsychological Formulation Method

Creator of the *Toronto South Centre for Scientific Clinical Psychoanalytic Research* and its *Northern subsidiary*, Port Carling, Ont.

TEACHING APPOINTMENTS

Department of Psychiatry, University of Toronto:

Clinical Teacher, 1966-1969.
Associate, 1969-1983

TEACHING

Tutor, Ontario Hospital Toronto.
Individual and Group Psychotherapy Supervisor, Demonstrator and Seminar Leader,
Sunnybrook Hospital, Toronto.
In-patient Team Director, Sunnybrook Hospital
Seminar Leader, The M.F. Centres for Psychoanalytic Clinical Research

COURSES TAUGHT

The Process of Assessment for Psychotherapy

Third Year, Post-Graduates in Psychiatry, University of Toronto

Analysability and Records. First-year Candidates

Toronto Psychoanalytic Institute

Psychopathology III

Second-year Candidates Toronto Psychoanalytic Institute

Observation, Formulation, Analysability and Records

First-year Candidates, Toronto Psychoanalytic Institute

Metapsychological Formulation

Extension Course, Toronto Psychoanalytic Society

Metapsychological Formulation - Basic and Applied Theories

The M.F. Centre for Psychoanalytic Clinical Research.

RESEARCH

Founder and Clinical Researcher, The M.F. Centre for Scientific Psychoanalytic
Clinical Research
1979-to-present, April 14, 2021

Applications for Research Grants:

International Psychoanalytic Association

Proposal: *The Development and Application of a Consciously and Cognitively-Applicable Formulative Method for Intra-Session, Simultaneous Treatment and Research Use by Practising Clinician-Researchers*. Based on a Body of Theory Comprised of Concretely-Defined and Standardizable Metapsychological Concepts and Tested Metapsychological Principles.

[REJECTED]

Government of Ontario, Ministry of Health

Proposal: *Investigation of the Intrapsychic Determinants of Healthy and Pathological Motivation for Entry into the In-patient Treatment Stream*.

[REJECTED by Dr.A.] (Ontario Government Funding for Pilot Project awarded, but subsequent arrangements being developed did not assure researcher's independent application of method and process)

COMMITTEE MEMBERSHIPS, ADMINISTRATIVE POSITIONS, CHAIRMANSHIPS

Member, Program Committee, Ontario Group Psychotherapy Association, 1966

Member (1974-present), Secretary (1977-1979), Chairman (1979-1980), Psychotherapy Section, Ontario Psychiatric Association

Member (1975-1977), Chairman (1977-1979), Program Committee, Toronto Psychoanalytic Society

Member, New Parameters Committee, Toronto Psychoanalytic Institute, 1977-1979

Member, Research Committee, Toronto Psychoanalytic Institute, 1978-1981

Chairman, Organizing Committee, Program for Mental Health Professionals, Toronto Psychoanalytic Society and Department of Psychiatry, University of Toronto, 1979

Chairman, Organizing Committee, Honouring founding member of Canadian Psychoanalytic Society, Clifford Scott, 1978

Member, Curriculum Committee, Toronto Psychoanalytic Institute, 1983-1987

Member (1982-1983), Chairman (1983-1985), Referral Service, Toronto Psychoanalytic Society

EXECUTIVE POSITIONS, CANADIAN PSYCHOANALYTIC ORGANIZATIONS

Toronto Psychoanalytic Society

Treasurer, 1979-1981

Secretary, 1985-1987

Vice President, 1987-1989

President, 1989-1991

Past President, 1991-1993

Canadian Psychoanalytic Society

Member, Executive Council, 1985-1991

Vice President, 1989-1991

FORMAL PAPERS AND PRESENTATIONS

Dr .A., NOTE: In my basic field, **Psychoanalysis**, I have encountered reviewers who, in their assessments of new works, include the extent to which an author has published and thus become well-known. They have not, however, considered a possibility that has become clear to me over the years - that the fault lies with the review process. I have encountered many rejection comments by anonymous editors that revealed an astounding inability to read objectively and catch subjectively-determined misreadings for self analyseis (all examples of which i have retained, and that are demonstrable). In what follows, therefore, I have taken a step to put a halt to unchecked assumptions of neglect or inadequacy on my part when it comes to my efforts to publish and the quality of my submissions. I have indicated the works that were rejected by a short notation after each listing.

The Appearance of Vertigo in the Course of Psychotherapy

Canadian Journal of Psychiatry, 1976

[REJECTED] for publication by the Canadian Psychiatric Journal]

Investigation of Psychogenic Vertigo, Part I, Paper I: Critique of the Psychoanalytic Processes of Symptom Investigation and Literature Accumulation,

Toronto Psychoanalytic Society, 1977

[REJECTED] for publication by the Canadian Psychiatric Journal]

Peer Review - In Search of Its Healthy Development (An In-depth Description of Interpsychic and Intrapsychic Factors Involved in Two Distinctly Different Forms of the Peer Review Process)

Key-note Address, Psychotherapy Section, Fall Meeting, Ontario Psychiatric Association, 1978.

[REJECTED] for publication by the Canadian Psychiatric Journal]

Theory of Technique: The Metapsychology of the Analyst's Working Mind, Its Place in Psychoanalytic Science and Potential Contribution to Theory of Technique (peer-reviewed, Miguel Prados National Essay Prize)

Toronto Psychoanalytic Society (1979)

Quebec East Psychoanalytic Society, **Montreal** (1980)

Ottawa Psychoanalytic Society (1980)

[REJECTED] for publication by the two International Psychoanalytic Association Journals]

A Research into Symptomatic Behaviours Occurring in Assessments for Psychoanalysis and The Psychoanalytic Psychotherapies (peer reviewed)

Canadian Psychiatric Association (1982)

Toronto Psychoanalytic Society (1983)

[REJECTED] for publication by the American Journal of Psychoanalysis]

The Post-graduate Development of the Analyst: Report of an Unusual, Comprehensive Experience

Toronto Psychoanalytic Society, 1987. (Not submitted to journals due to size.)

The Question of Why No Analysis is Ever Complete; Report of a Method of Investigation and Results of its Application 1987

This paper was an offshoot of the "Post-Graduate" paper above, but selective of the parts pertinent to the subject of the 35th IPA Congress in **Montreal** ("Analysis Terminable and Interminable")

[REJECTED] for presentation]

Going Deeper: Report of a Recorded, Successful Self Analysis Following a Personal Analysis - Method, Application, Results (peer-reviewed)

Ontario Psychiatric Association, 1988

[REJECTED] for:

Presentation to the Canadian Psychiatric Association

Presentation to the Canadian Psychoanalytic Society]

In Search of a Window into the Artistic Creative Process in Progress: Methodological Considerations and a Contribution to Method

Group for Applied Psychoanalysis, **State University of New York at Buffalo** (1987) (by invitation)

Fourth International Conference on Literature and Psychology, **U.S., Kent State University** (1987)

Western New York Psychoanalytic Society (1988) (by invitation)

Toronto Psychoanalytic Society (1990);

Thirteenth Congress of the International Association for Empirical Aesthetics, **Montreal**, 1994 (by invitation)

[REJECTED] for:

Publication in compilation of papers presented at Kent State Conference

Presentation at Canadian Psychiatric Association Annual Meeting

Presentation at an International Psychoanalytic Association Annual Meeting

Presentation at a Canadian Psychoanalytic Society Annual Meeting

Publication in electronic journal, PsyArt]

The Self Analysis of an Experienced Psychoanalyst: Development and Application of an Uncommonly Effective Technique

Published in Free Associations Journal (1992) (A small, spirited, short-lived British journal)

Metapsychological Formulation

Department of Psychiatry, North York General Hospital (1991) (by invitation);

Toronto Psychoanalytic Society (1992)

Ontario Psychiatric Association (1995)

[REJECTED] for presentation by the Canadian Psychiatric Association]

Towards a New Breed of Psychoanalytic Psychoanalysts: Desirable New Directions in Institutional Structure, Research, Education, Training and Practice (peer-reviewed)

The International Federation for Psychoanalytic Education, Toronto, 1995
Not submitted to journals.

A Subsection of the Metapsychological Formulation Theory of the Aggressive Drive (Categorization of the Drive's Phenomenological Forms)

Presentation to Professor Keith Oatley's Research Group, Centre for Applied Cognitive Science, Ontario Institute for Studies in Education, Department of Psychology, University of Toronto, 1997 (by invitation)

Continued (Private) Discussion of the Metapsychological Formulation Theory of the Aggressive Drive:

With Professors K. Oatley and J. Johnson and Dr. Laurette Larocque, 1998
 (by invitation) Not journal submission material.

Metapsychological Formulation: A New Scientific Method of Psychoanalytic Clinical Research and Practice

Society for Psychotherapy Research Annual Meeting, **Vancouver**, 1995 (peer-reviewed)

American Psychoanalytic Association Annual Meeting, **Toronto**, 1999 (peer reviewed) **(Three-hour workshop, precirculated paper)**

[REJECTED] for Publication by the Journal of the American Psychoanalytic Association]

Transferences in Operation in the First Moments of the Consultative Contact for The Psychoanalytic Psychotherapies: The Importance of a Scientific Method of Systematic Identification, Formulation and Intervention (peer-reviewed)

Workshop presentation. Ontario Psychiatric Association Annual General Meeting, Toronto, 2003

North American Chapter of the Society for Psychotherapy Research, **Newport, Rhode Island**, 2003

Workshop presentation, **British Psychological Society** Annual General Meeting, Combined with the **North and South Irish Psychological Societies, Dublin** 2009

Not in journal format – no submissions

Psychoanalytic/Psychotherapeutic Theories Developed By Means Of The Scientific Method: And an Unknown Clinical Phenomenon that Destroys Treatments at the Start

A modified, condensed version of the unpublished paper, *Towards a New Breed of Psychoanalytic Psychoanalysts - 1995*]

Paper and workshop presentation to**United Kingdom** 2015

[REJECTED] for the Journal (See **Peer Review** section for this paper).

FORMAL DISCUSSIONS

Two Recorded Interviews by Dr. Clifford Scott
Toronto Psychoanalytic Society, 1976

Dimensions of a Single-Word Association in the Analyst's Reverie, by Dr. John Flannery
Toronto Psychoanalytic Society, 1978.

The Three Streams of Psychoanalytic Theory, by Dr. Ian Graham
Toronto Psychoanalytic Institute, 1981

Creativity and the Self Model: A Case Report, by Dr. Mary Wright. Toronto Psychoanalytic Society, 1987

SCIENTIFIC MEETINGS CHAIRED

Panel: Technique in the Early Phases of Psychoanalysis
Toronto Psychoanalytic Society, 1978

The Issue of Self-Esteem in Psychotherapy
Fall Meeting, Psychotherapy Section, Ontario Psychiatric Association, 1979

SCIENTIFIC MEETINGS CHAIRED AND SPEAKERS INTRODUCED

A Psychoanalytic Study of De Chirico's Life and Works by Prof. G. Sanguinetti-Katz, Toronto Psychoanalytic Society, 1989

Interpretation and the Therapeutic Action, by E. A. Schwaber, 1989

On the Faustian Bargain Fantasy and nemesis Anniversary Affects in Relation to Somatic Vulnerability by Dr. P. Lefebvre, Toronto Psychoanalytic Society, 1989

The Concepts of Need and Wish in Self Psychology and Traditional Psychoanalysis, by Prof. Morris Eagle, Toronto Psychoanalytic Society, 1989

The Disparate Language and Concepts used to Describe the Borderline Syndrome, by Michael S. Porder, Toronto Psychoanalytic Society, 1990

SCIENTIFIC MEETINGS DEVELOPED

The Assessment Process in Cases of Personality Disorder (Phenomenology, Metapsychology, Technique), Symposium on Personality Disorder, 1983
Toronto Psychoanalytic Society and Department of Psychiatry, University of Toronto, 1983

CREATOR AND EDITOR OF THE FIRST C.P.A. NEWSLETTER

Named "Etudes", 1989

INTRODUCTIONS TO MAJOR SCIENTIFIC MEETINGS

"A Day in Psychoanalysis" (#1) - Psychoanalytic Perspectives on Aggression: Historical and Clinical Applications - Speakers: Dr Peter Gay, Dr. Peter Bollas, Dr. Stephen Mitchell

O.I.S.E. Auditorium (Ontario Institute for Studies in Education), 1990, sponsored by the Toronto Psychoanalytic Society, 1989

"A Day in Psychoanalysis" (#2).-. The Observed Infant – Speakers: Dr. B. Beebe, Dr. Scott Dowling, Dr. Calvin Colarusso

R.O.M. (Royal Ontario Museum) Auditorium, 1991

WORKSHOPS CHAIRED

Group Psychotherapy Conference, 1967

Division of Post-graduate Medical Education, Department of Psychiatry, University of Toronto

The Process of Assessment in Psychoanalysis, 1978

Canadian Psychoanalytic Society

A Psychodynamic View of the Process of Assessment for Psychotherapy, 1979

Program for Mental Health Professionals, Canadian Psychoanalytic Society and Department of Psychiatry, University of Toronto

AWARDS

Miguel Prados Prize, National Clinical Essay Prize for Members of the Canadian Psychoanalytic Society, 1979. *Theory of Technique: The Metapsychology of Analyst's Working Mind, Its Place in Psychoanalytic Science and Potential Contribution to Theory of Technique*".

PUBLICATIONS

Papers

(A letter) ***Research in Therapeutics***

Journal of the Canadian Psychiatric Association, October, 1967.

The Self Analysis of an Experienced Analyst: Development and Application of an Uncommonly Effective Technique

Free Associations, (1992). Vol. 3, Part 1, #25, 111-135.

[But **REJECTED** for inclusion in the book, Self-Analysis Critical Inquiries, Personal Visions, by James Barron, who, after reading the paper (recommended by a prominent colleague) said, strikingly, “**You couldn’t have done that!**, and did not include it.]

Commentary on the Annual Meeting of the Society for Psychotherapy Research (Essay). (1995). *Psychoanalytic Psychotherapy Review*, Vol. 6, No. 4.

Metapsychological Formulation: A New Scientific Method of Clinical Psychoanalytic Research and Practice

Free Associations, 2001,

<http://humannature.com/freeassociations/Anderson.html>

Books

From An Art To A Science Of Psychoanalysis, Trafford Publishing, 2011 Self Published}

Note: For lay and/or professional people interested in real-science studies of the many modest-to-severe, developmentally-and- psychologically-rooted symptoms , that plague the earth, this book can help make connections.

Books Rejected

From Disappointing "Art" to Desirable Science in the Psychoanalytic Domain - Metapsychological Formulation: A New Scientific Method of Psychoanalytic Clinical Research and Practice.

NOTE- renamed “The Metapsychological Formulation Method” - the first, large (1400 page) version of the above (580 pages) published book. It contained extensive contrasts and comparisons that were all left out in the smaller one. All major publishers contacted (except the one to follow, here) had no interest in the idea of a real science of Psychoanalysis

University of Toronto Press - rejected by an incapable assessor with no apparent knowledge of the state of the profession and its need of a real science

BOOK REVIEWS

Hand-book of Short-term Psychotherapy - by Lewis Wolberg
Journal of the Canadian Psychiatric Association, August, 1981

Humanizing the Narcissistic Style - by Stephen Johnson
Psychiatric Journal of the University of Ottawa

The Annual of Psychoanalysis - Chicago Institute for Psychoanalysis
Psychiatric Journal of the University of Ottawa.

Self-Analysis: Critical Inquiries, Personal Visions - by James Barron

The Psychoanalytic Psychotherapy Review, Vol. 6, No. 4.